# Rani Arbo & daisy mayhem

# outreach and residency programs

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Rani Arbo & daisy mayhem treasure the opportunity to partner with presenters and connect with the local community. Sometimes this means simply talking with audience members after a show or visiting a local radio station. Other times, it means bringing our music and conversation into elementary schools, high schools, colleges, hospitals, senior centers, homeless shelters, museums and libraries. Below is a sampling of some of the programs we have offered. We are always open to new ideas.

## Family/School Show

This upbeat, participatory show draws from the band's award-winning 2010 family CD, *Ranky Tanky*. 45-60 minutes long, this show is ideally suited for children aged pre-K to grade 4. We also have presented it to older elementary and high school age students, incorporating repertoire from our adult show and allowing time for Q & A. In school settings, we are happy to work with educators on curricular tie-ins.

## **Recycled Rhythms**

Percussionist Scott Kessel presents Recycled Rhythms both as an interactive, all-ages workshop and/or a one-man performance featuring his recycled drum kit. In the hands-on workshop, participants use recycled materials to create a miniature "Drumship Enterprise" and a wooden harmonica. If time allows, Scott teaches rhythms from around the globe and leads a celebratory drumming parade. This workshop can be tailored to specific or mixed-age groups, and for groups from 10 to 100+ (with enough volunteer help!). Full workshop description is available on request.

#### **Arts in Medicine**

Art — musical, literary and visual — helps us recall and celebrate the strength at our core, even in the most trying of circumstances. Rani Arbo combines her experiences as a musician and as a cancer survivor to offer fiddling, singing and companionship in a variety of medical settings. A trained hospice volunteer, she can visit hospice patients and families, as well as pediatric clinics, surgery recovery units, infusion centers, and nursing homes. She can perform solo or with members of the band. She is available for in-service programs, offering a mix of performance and reflective discussion for medical staff and trainees. She has completed Arts in Medicine residencies at the McAninch Arts Center in Glen Ellyn IL, California State University in Chico, the University of Florida in Gainesville.

#### **Interactive Band Workshops**

At festivals and in high school and college settings, we have presented a wide variety of interactive workshops. Here are some favorites.

**Harmony Singing:** The band demonstrates their harmony singing and invites the audience to explore how chords are made, what feelings different intervals evoke, and what makes a good harmony singer. This workshop culminates in a multi-part a capella rendition of Kpan Logo, a traditional Ghanaian drum rhythm.

**Song Arranging:** How do you arrange a song to make it shine? Step by step, the band demonstrates an exploratory path to a good arrangement, discovering what works — and what doesn't — along the way.

**Being a Band:** What is it like to be in a band? High school students, in particular, pose insightful questions about band life, and, after a dozen years on the road together, we still enjoy answering them. These conversations are a chance to reflect and to share some universal ideas of what makes a partnership work.

**Musical Conversations:** the Art of Improvisation: Every musician has a unique voice, and it takes a combination of technical skill and creativity to allow an improviser to speak powerfully. We discuss how we practice improving our improvising skills, both technical and creative — and talk about how those lessons apply to the world beyond music.